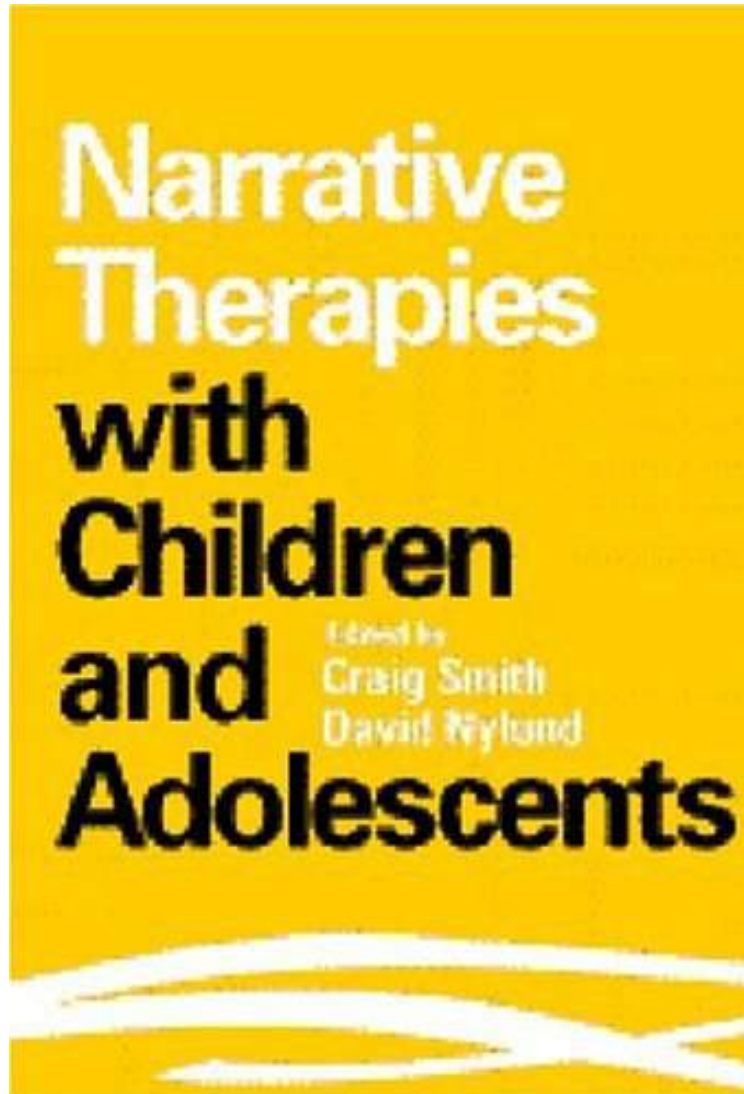


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Narrative Therapies with Children and Adolescents

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cognitive behavioral therapy (CBT) is the term used for a group of psychological treatments that are based on scientific evidence. These treatments have been proven. Attachment therapy, child abuse by another name, the abuse of individual dignity, self-determination, rights, bodies, and minds of mental patients by those entrusted **review**. In play therapy, children are encouraged to express through play all the things they may have difficulty saying or contextualising into words. Narrative therapy seeks to be a respectful, non-blaming approach to counselling and community work which centres people as the experts in their own lives. It views

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