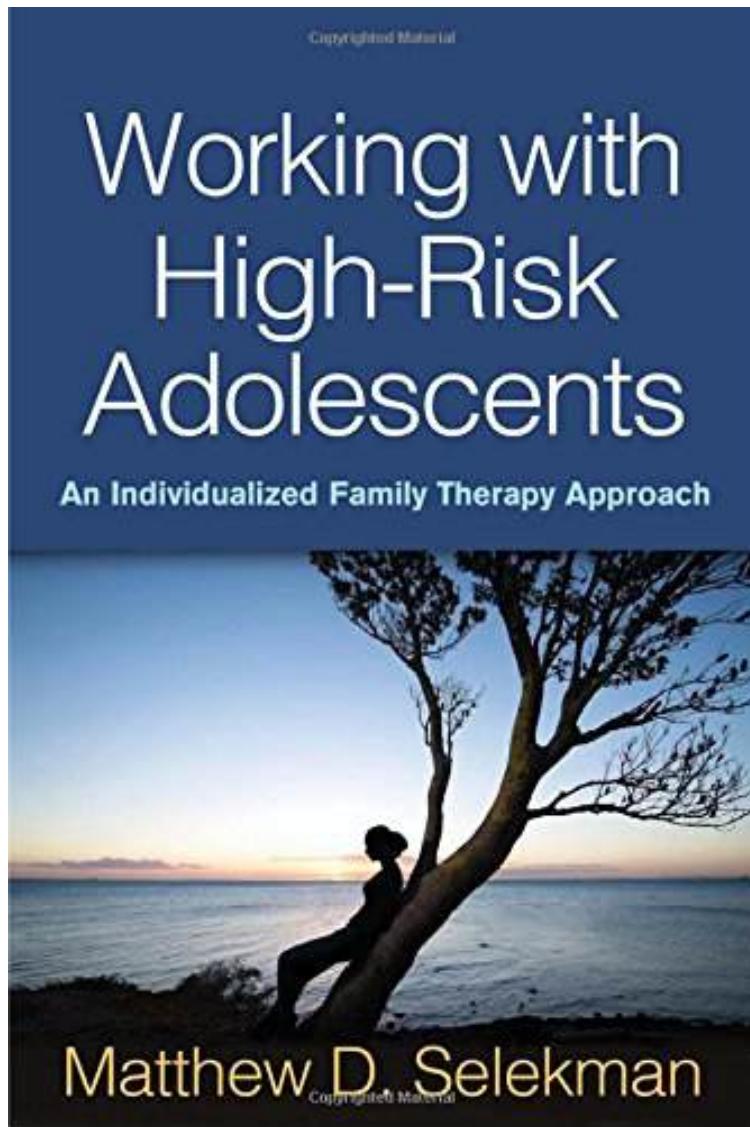


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# Working with High-Risk Adolescents: An Individualized Family Therapy Approach

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0 of 0 review helpful Excellent for grad students and professionals By Neil McNerney This is an excellent training manual for Master s and PhD level students learning a hands on approach to working with high risk teens I used this book in my course this summer and students appreciated the list of strategies and especially the detailed examples This innovative book focuses on helping high risk adolescents and their families rapidly resolve long standing difficulties Matthew D Selekman spells out a range of solution focused strategies and other techniques illustrating their implementation with vivid case examples His approach augments individual and family sessions with collaborative meetings that enlist the strengths of the adolescent s social network and key helping professionals from larger systems Selekman has done it again He offers the reader an integrative client centered therapy approach that is grounded in a long tradition of systemic and solution focused therapies We are given a front row seat to observe a master therapist as he walks us t

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