

Getting Past Resistance in Psychotherapy with the Out-of-Control Adolescent

By Vance R. Sherwood

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prematurely therapists may feel they never really got hold of the case worse they are not sure how they could have done so Therapists looking at their interactions with patients will usually This book a blend of theory and practice offers fresh insights into the specific patterns of resistance we are likely to encounter in our clinical work Rich in case examples that illustrate the process of challenging the defensive structure it is well suit

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